



COMMUNITY BEHAVIORAL HEALTH RESOURCES

NATIONAL CRISIS HOTLINE

Suicide Prevention Hotline & Veteran’s Crisis Hotline: 1-800-273-TALK (8255)

Crisis Text Line by texting TALK to 741741

LOCAL/STATE CRISIS HOTLINE SERVICES

Adult Emergency and Crisis Intervention Services:

Chestnut Health Systems, 618-877-0316 or 618-877-4420

Comprehensive Behavioral Health Center, 618-482-7330

Youth Crisis Line - CARES (youth ages 2-21) 1-800-345-9049

Case Management Adult & Youth

Chestnut Health Systems	877-4420
Comprehensive BHC	482-7330

Hospital Inpatient Adult

Gateway Regional Hospital	798-3000
Touchette Regional Hospital	332-4038

Hospital Inpatient Children

Lincoln Prairie Behavioral Health	217-585-1180
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Outpatient Counseling & IOP Youth

Chestnut Health Systems	877-4420
Children’s Home + Aid	874-0216
Hoyleton	688-4744
Touchette Regional Hospital	332-4038

Mental Health Support Services

Call for Help-Living Room Crisis Support	397-0968
Depressive and Bipolar Support Alliance	444-6927
Illinois Warm Line	866-359-7953
NAMI of Southwestern Illinois	800-950-6264

Grief and Loss Support Services

Heartlinks Grief Center	277-1800
Karla Smith Behavioral Health (Suicide Loss)	624-5771

Psychiatric Outpatient Adult

Chestnut Health Systems	877-4420
Comprehensive BHC	482-7330
SIHF Windsor Center East St. Louis	274-9105
SIHF Belleville Health Center	398-9850
SIHF Centreville Health Center	332-2083
Touchette Hospital (includes IOP)	332-4038

Substance Use Disorder Outpatient and IOP

Chestnut Health Systems	877-4420
Comprehensive BHC	482-7330
Touchette Regional Hospital	332-4038
Gateway Foundation	234-9002

Substance Use Disorder Medically Assisted Tx.

Comprehensive BHC	482-7330
Chestnut Health Services	877-4420

Medical Detox Services

Touchette Regional Hospital	332-4038
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Substance Use and Loss Support Groups

Addiction Loss (Heartlinks)	277-1800
Alcoholics Anonymous	251-4000
Parents of Addicted Loved Ones	567-6095
Family Support Line	314-669-1184
NARCAN Distribution	512-1781